CHC43415 Certificate IV in Leisure and Health

Qualification Overview
Are you passionate about the social, physical and emotional well-being of the aged and disabled? This qualification has been designed to provide you with the skills and knowledge you will need to assess the human behaviour of those requiring support, and to implement the most appropriate leisure activities or programs. Working to increase ‘quality of life’ for those with conditions that make it harder for them to join in on certain things, this qualification has the power to produce positive outcomes for the entire community.

Qualification Content
To successfully gain the Certificate IV in Leisure and Health you will need to be assessed as competent in 17 units as well as having completed 120 hours of practical work placement.

- CHCPRP003 Reflect on and improve own professional practice
- HLTWHS002 Follow safe work practices for direct client care
- CHCCCS015 Provide individualised support
- CHCDS007 Facilitate the empowerment of people with disability
- CHCAGE001 Facilitate the empowerment of older people
- CHCDS002 Follow established person-centred behaviour supports
- CHCDIV001 Work with diverse people
- CHCLAH001 Work effectively in the leisure and health industries
- CHCLAH002 Contribute to leisure and health programming
- SISCCRO001 Plan and conduct recreation programs for older persons
- CHCCOM002 Use communication to build relationships
- HLTAAP002 Confirm physical health status
- CHCLAH003 Participate in the planning, implementation and monitoring of individual leisure and health programs
- CHCLAH004 Participate in planning leisure and health programs for clients with complex needs
- CHCLAH005 Incorporate lifespan development and sociological concepts into leisure and health programming
- CHCIS003 Support community participation and social inclusion
- CHCCCS025 Support relationships with carers and families

Learning Pathway

- Certificate IV in Leisure and Health
- Diploma of Mental Health
- Diploma of Leisure and Health
- Advanced Diploma of Community Sector Management

Pre-Requisites
It is a requirement of this qualification to undertake a minimum of 120 hours of work placement in an employed or volunteer capacity.

Vocational Outcomes
On completion of this qualification students will be able to work either within a defined organisation or as a sole practitioner. The range of occupations available to these students include Activities Coordinator, Community Leisure Coordinator, Diversional Therapist, Leisure Services Coordinator, Leisure and Health Coordinator and Lifestyle Coordinator.

Required Resources
- Title: Long Term Care for Activity Professionals, Social Services Professionals and Recreational Therapists, 6th Edition
  Authors: Best-Martini, Weeks and Wirth
  ISBN: 9781882883899
  Publisher: Idyll Arbor
  Date published: 2010
- Title: The Disability Support Worker, 1st edition
  Author: Geoff Arnott
  Publisher: Pearson
  ISBN: 9781442541504 (pbk.)
  Date published: 2011
Disability and Community Services Professional Development

Managing challenging behaviours
This session explores the many challenging behaviours that can present themselves in the community services and disability setting and explores the strategies available to assist staff and families with managing these effectively.

Leadership in the Community Services area
This session explores current leadership practise within community services and disability areas.

Working with people with mental health issues
This session covers skills required by workers in community services and disability areas.

Completing accurate reporting
This session explores the skills required to complete timely and accurate reporting within the community services sector, including:
- Incident Reports, case notes, progress notes and documenting
- Accurate reporting within the community services sector, including:
- Completing accurate reporting
- Living with mental health issues.
- This session explores current leadership practise within community services and disability areas.
- Managing these effectively.
- Leadership in the Community Services area
- Completing accurate reporting

Short Courses
In addition to our Professional Development calendar, we also offer short courses in the following workplace related areas:
- Time management
- Project management
- Coaching skills for the workplace
- Leadership for new leaders
- Resume writing and interview techniques
- Leadership for experienced leaders
- Presentation skills
- Stress management
- Conflict management
- Difficult conversations in the workplace
- People and communication skills

The aforementioned Short Courses are not accredited courses.

You may also like to join our Professional Development activities, Short Courses or business network.

Student Support
Customised Training encourages people with disabilities to explore opportunities to develop their skills through Vocational Education and Training. Adjustments can be made to learning and support materials to suit your individual needs; providing that these adjustments do not compromise the requirements of the relevant Training Package or the integrity, equity and fairness of assessment.

Skills Recognition
Skills Recognition is the acknowledgement of skills and knowledge obtained through learning achieved outside the formal education and training system. You are encouraged to discuss the possibility of undertaking the Skills Recognition process prior to the commencement of your training. For further information regarding Skills Recognition please request a Skills Recognition brochure or visit our website www.customisedtraining.com.au.

Work Load
You should expect to spend additional time studying this qualification. This time will typically consist of contacts with your trainer or classroom workshops (depending on your study mode), self-paced study, reading, researching and completing assessment tasks.

Learning Pathway
Customised Training encourages you to continue learning. Pathways exist between various qualification levels, enabling you to move easily and readily between qualifications offered by Customised Training and qualifications offered by other education institutions. Pathways may also allow you to access Skills Recognition and obtain credit points toward your next qualification, reducing your study time. For more information on pathways available to you please contact a Course Advisor to discuss your options; or you can visit www.myfuture.gov.au, a helpful career website.

How to Apply
Once you have made the decision to apply for a qualification you will need to read and review the Customised Training Student Handbook. This handbook can be found on our website in the ABOUT section under FAQ’s. Once you have done this please complete and return the documents listed below to Customised Training. Upon receiving all paperwork and supporting evidence a formal assessment of your eligibility for government funding and suitability for the qualification is conducted.

The following documents must be included with your application:
- Application Form
- Certificates and Statement of Results for any previously attained or partially completed qualifications.
- Applications for Government Subsidised places must also include:
  - Proof of citizenship/residency
  - Certified coloured copy of either: current green Medicare card; Birth Certificate; current Australian Passport; current New Zealand Passport; or Naturalisation Certificate.
  - Proof of Age (if you are under 20 years of age)
  - Certified coloured copy of either: current Driver Licence; current Learner permit; a Proof of Age card; or a ‘Keypass’ card.

Customised Training Pty Ltd
ABN 88 112 522 077
RTO Code 21613
The Business Block
11B Gell Street
Bacchus Marsh VIC 3340
Office G37, 222 Ferris Road
Melton South VIC 3338
Tel: 03 8560 1859 Ext 111
Email: info@customisedtraining.edu.au
Fax: 03 5367 1607
1300 275 282
www.customisedtraining.edu.au

ConnecT Network
MELTON & MOORABOOL

ConnecT Network Melton & Moorabool is a business network that commenced in January 2015. The network is the initiative of Customised Training, and provides business connections and support with a learning focus.