CHC53315 Diploma of Mental Health

Qualification Overview
Are you more about personal support and guidance than hands on personal care?
This qualification is suited to individuals who see themselves more as a support person than a physical carer. Graduates of this qualification will be able to provide advanced support and guidance to individuals with mental illness as well as deliver client services based on individual case management and intervention.

Qualification Content
To successfully gain the Diploma of Mental Health you will need to be assessed as competent in the 20 units listed below.

- **CHCPPR003** Reflect on and improve own professional practice
- **CHCGMT01** Develop, implement and review quality framework
- **CHCMHSS03** Provide recovery oriented mental health services
- **CHCDIV001** Work with diverse people
- **CHCDIV002** Promote Aboriginal and/or Torres Strait Islander cultural safety
- **CHCGMT002** Manage partnership agreements with service providers
- **CHCMHSS004** Work collaboratively with the care network and other services
- **CHCMHSS005** Provide services to people with co-existing mental health and alcohol and other drugs issues
- **CHCMHSS009** Provide early intervention, health prevention and promotion programs
- **CHCCCS003** Increase the safety of individuals at risk of suicide
- **CHCCCS017** Provide loss and grief support
- **CHCMHSS002** Establish self-directed recovery relationships
- **CHCMHSS011** Assess and promote social, emotional and physical wellbeing
- **CHCCSM004** Coordinate complex case requirements
- **CHCMHSS013** Implement trauma informed care
- **CHCPOL003** Research and apply evidence to practice
- **CHCMHSS012** Provide support to develop wellness plans and advanced directives
- **CHCMHSS010** Implement recovery oriented approaches to complexity

GET ON THE QUALIFICATIONS PATHWAY TO SUCCESS.

Learning Pathway
- Diploma of Mental Health
- Advanced Diploma of Community Sector Management

Pre-Requisites
It is a requirement of this qualification that students be employed in the Community Services industry in a position suitable to the qualification and have a minimum of 160 hours of relevant experience.

Vocational Outcomes
Upon graduation from this course you will be able to explore roles such as Welfare Support Worker, Mental Health Outreach Worker/Support Worker, Community Support Worker, Mental Health Rehabilitation Support Worker, Mental Health Community Worker or Mental Health Support Worker in the community services field.

Required Resources
- **Title**: A Guide to Crisis Intervention, 5th Edition
  - Author: Kristi Kanel
  - ISBN: 9781285739892
  - Publisher: Cengage Learning
  - Date published: 2015
- **Title**: Mental Health A Person-centred Approach, 1st Edition
  - Authors: Nicholas Procter, Helen P. Hamer, Denise McGarry, Rhonda L. Wilson and Terry Froggatt
  - ISBN: 9781107667723
  - Publisher: Cambridge University Press
  - Date published: December 2013

Cost
Customised Training is contracted as a provider of Victorian Government subsidised training under the Skills First Program. Qualification fee subsidies may be available to eligible individuals with funds made available by the Victorian and Commonwealth Governments.

Duration
The maximum enrolment period for this qualification is 21 months.

Location
Classroom delivery is available in metropolitan Melbourne and regional Victoria. Workplace delivery is available in metropolitan Melbourne and regional Victoria on application. Distance delivery is also available.

CHCADV005 Provide systems advocacy services
HLTWS004 Manage work health and safety

260716
Disability and Community Services Professional Development

Managing challenging behaviours
This session explores the many challenging behaviours that can present themselves in the community services and disability setting and explores the strategies available to assist staff and families with managing these effectively.

Leadership in the Community Services area
This session explores current leadership practise within community services and disability areas.

Working with people with mental health issues
This session covers skills required by workers in community services and disability settings to work and support people who are living with mental health issues.

Completing accurate reporting
This session explores the skills required to complete timely and accurate reporting within the community services sector, including: Incident Reports, case notes, progress notes and documenting complaints and grievances. This session is tailored to the workplace requirements.

Short Courses
In addition to our Professional Development calendar, we also offer short courses in the following workplace related areas:

- Time management
- Project management
- Coaching skills for the workplace
- Leadership for new leaders
- Resume writing and interview techniques
- Leadership for experienced leaders
- Presentation skills
- Stress management
- Conflict management
- Difficult conversations in the workplace
- People and communication skills

The aforementioned Short Courses are not accredited courses.

Student Support
Customised Training encourages people with disabilities to explore opportunities to develop their skills through Vocational Education and Training. Adjustments can be made to learning and support materials to suit your individual needs; providing that these adjustments do not compromise the requirements of the relevant Training Package or the integrity, equity and fairness of assessment.

Skills Recognition
Skills Recognition is the acknowledgement of skills and knowledge obtained through learning achieved outside the formal education and training system. You are encouraged to discuss the possibility of undertaking the Skills Recognition process prior to the commencement of your training. For further information regarding Skills Recognition please request a Skills Recognition brochure or visit our website www.customisedtraining.com.au.

Work Load
You should expect to spend additional time studying this qualification. This time will typically consist of contacts with your trainer or classroom workshops (depending on your study mode), self-paced study, reading, researching and completing assessment tasks.

Learning Pathway
Customised Training encourages you to continue learning. Pathways exist between various qualification levels, enabling you to move easily and readily between qualifications offered by Customised Training and qualifications offered by other education institutions. Pathways may also allow you to access Skills Recognition and obtain credit points toward your next qualification, reducing your study time. For more information on pathways available to you please contact a Course Advisor to discuss your options; or you can visit www.myfuture.gov.au, a helpful career website.

How to Apply
Once you have made the decision to apply for a qualification you will need to read and review the Customised Training Student Handbook. This handbook can be found on our website in the ABOUT section under FAQ’s. Once you have done this please complete and return the documents listed below to Customised Training. Upon receiving all paperwork and supporting evidence a formal assessment of your eligibility for government funding and suitability for the qualification is conducted.

The following documents must be included with your application:

- Application Form
- Certificates and Statement of Results for any previously attained or partially completed qualifications.

Applications for Government Subsidised places must also include:

- Proof of citizenship/residency
- Certified coloured copy of either current green Medicare card; Birth Certificate; current Australian Passport; current New Zealand Passport; or Naturalisation Certificate.
- Proof of Age (if you are under 20 years of age)
- Certified coloured copy of either current Driver Licence; current Learner permit; a Proof of Age card; or a ‘Keypass’ card.

You may also like to join our Professional Development activities, Short Courses or business network

ConnecT Network

ConnecT Network Melton & Moorabool is a business network that commenced in January 2015. The network is the initiative of Customised Training, and provides business connections and support with a learning focus.

Phone 5367 1630 | Web www.customisedtraining.edu.au/about/connect-network/